

LODI UNIFIED SCHOOL DISTRICT

Policy 3550

Business and Non-Instructional Operations

Food Service /Child Nutrition Program

The Board of Education recognizes that adequate, nourishing food is essential to student health, development, and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to the district's food service programs and to maximize their participation in available programs.

Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
2. Meet or exceed nutritional standards specified in law and administrative regulation
3. Be prepared in ways that will appeal to students, retain nutritive quality and foster lifelong healthful eating habits
4. Be served in age-appropriate portions
5. Be available to students who meet federal eligibility criteria at no cost or at reduced prices, and to other students at reasonable prices

District schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the district's nutrition education program.

The Superintendent or designee shall develop strategies designed to encourage the participation of students and parents/guardians in the school menu planning process. Parents/guardians are encouraged to support the district's nutrition education efforts by considering nutritional quality when selecting any snacks which they may donate for occasional class parties.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation. In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of food borne hazards at each step of the food preparation process, from receiving to service.

The Superintendent or designee shall annually report to the Board on student participation in the district's nutrition programs and the extent to which the district's food services program meets state and federal nutrition standards for foods and beverages. In addition, the Superintendent or designee shall provide all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with federal requirements related to nutrition standards, meal patterns, provision of drinking water, school meal environment, food safety, and other areas as required by the CDE.

Legal References: Education Code

35182.5 Contracts, non-nutritious beverages

38080 – 38103 Cafeteria, establishment and use

45103.5 Contracts for management consulting services;
restrictions

49430 – 49434 Pupil Nutrition, Health, and Achievement Act
of 2001

49490 – 49494 School breakfast and lunch programs

49500 – 49505 School meals

49510 – 49520 Nutrition

49530 – 49536 Child Nutrition Act

49540 – 49546 Child care food program

49547 – 49548.3 Comprehensive nutrition services

49550 – 49562 Meals for needy students

49570 National School Lunch Act

51795 – 51797 School Gardens

Health and Safety Code

113700 – 114437 California Retail Food Code

Code of Regulations, Title 5

15510 Mandatory meals for needy students

15530 – 15535 Nutrition education

15550 – 15565 School lunch and breakfast programs

15575 – 15578 Requirement for foods and beverages outside
federal meal programs

United States Code, Title 42

1751 – 1769j School lunch programs, including:

1758b Note Local wellness policy

1761 – Summer Food Service Program and Seamless Summer Feeding Option

1769a – Fresh Fruit and Vegetable Program

1771 – 1793 Child nutrition, especially:

1772 – Special Milk Program

1773 – National School breakfast program

Code Of Federal Regulations, Title 7

210.1– 210.31 National School Lunch Program

215.1 – 215.18 Special Milk Program

220.2 – 220.23 National School Breakfast Program

245.1 – 245.13 Eligibility for free and reduced-price meals and milk

Management Resources:

CSBA Publications

Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009

Monitoring for Success: Student Wellness Policy

Implementation Monitoring Report and Guide, 2007

Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007

Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006

California Department of Education Publications

School Meals Initiative Summary

Healthy Children Ready to Learn, January 2005

California Project LEAN Publications

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

USDA Publications

Civil Rights Compliance and Enforcement - Nutrition

Programs and Activities, FNS Instruction 113-1, November 2005

Dietary Guidelines for Americans, 2005

Dietary Guidelines for Americans, 2005

Environment: A Guide to Local Action, 2000

Food Buying Guide for Child Nutrition Programs, December 2007

Fresh Fruit and Vegetable Program: Handbook for Schools, December 2010

Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles, June 2005

School Breakfast Toolkit

Web Sites

California Department of Education, Nutrition Services

Division: <http://www.cde.ca.gov/ls/nu>

California Department of Public Health:

<http://www.cdph.ca.gov>

California Farm Bureau Federation: <http://www.cfbf.com>

California Food Policy Advocates: <http://www.cfpa.net>

California Healthy Kids Resource Center:

<http://www.californiahealthykids.org>

California Project LEAN (Leaders Encouraging Activity and Nutrition): <http://www.californiaprojectlean.org>

California School Nutrition Association:

<http://www.calsna.org>

Centers for Disease Control and Prevention:

<http://www.cdc.gov>

CSBA: <http://www.csba.org>

National Alliance for Nutrition and Activity:

<http://www.cspinet.org/nutritionpolicy/nana.html>

U.S. Department of Agriculture, Food and Nutrition Service:

<http://www.fns.usda.gov/fns>

Policy

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