

LODI UNIFIED SCHOOL DISTRICT

Policy 5131.63

Students

Anabolic Steroids

The Board of Education recognizes that the use of anabolic steroids presents a serious health hazard to students. The Superintendent or designee shall make every effort to ensure that students do not begin or continue the use of anabolic steroids.

Teachers of science, health, physical education and drug education shall include a lesson on this hazard in instruction programs for grades 7-12.

Students participating in interscholastic athletics are prohibited from using steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine.

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign a statement that the student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

Coaches shall educate students about the district's prohibition and the dangers of using steroids and other performance-enhancing supplements.

The Superintendent or designee shall ensure that district schools do not accept sponsorships or donations from supplement manufacturers that offer muscle-building supplements to students.

Legal References: Education Code
49030-49034 Performance-enhancing supplements
51260-51269 Drug education
51262 Use of anabolic steroids; legislative finding and declaration
Civil Code
1812.97 Warning statement; posting; athletic facilities; anabolic steroids

Policy
adopted: 06/02/98
revised: 05/01/07